

# Caregiver Retreat

**CAREGIVERS**  
attend for **FREE**

Call to Register  
256-355-4515

A Fundraiser for



Up to \$150 in  
respite services  
will be provided  
to the first 25  
qualified  
caregivers!

**June 20, 2019**

**9:00am – 1:00pm**

The Church at StoneRiver – 3014 Danville Road SW - Decatur

## Caregiver Pampering

- Mini-massages
- Manicure or hand massage
- Art therapy
- Lunch Provided

## Educational Programs

- Essential Legal Documents
- Caregiver Techniques
- Caring for the Caregiver- Assistive Technology
- "40/70 Rule"-An Action Plan for Successful Aging

Sponsored by:

NARCOG – BROOKDALE SENIOR LIVING – THE ALZHEIMER'S ASSOCIATION  
HOME INSTEAD SENIOR CARE - KINDRED HOME HEALTH - JOHN BURNS ATTORNEY AT LAW